

breakfast selections

american breakfast

- chilled fruit juices - choice of orange, grapefruit, apple or tomato
- breakfast bakeries - choice of oven fresh croissants, seasonal muffins or danish pastries with fruit marmalade, jelly and jam
- fresh fruit and berries - seasonal
- assorted yogurts and granola
- selected cereals with choice of whole, 2% or skim milk
- american scramble
- country style roasted potatoes
- bacon and sausage
- starbucks® coffee - regular or decaffeinated
- assorted tazo® teas

lunch selections

deli corner

- soup – choice of mushroom, leek or new potato soup
- five onion soup goat cheese crostini
- salad (select two)
 - watercress and endive, spiced pecans, julienne jicama, carrot
 - tex mex salad with avocado, corn, black bean, garbanzo beans, cilantro lime and tortilla crisp
 - edamame salad with walnuts, soba noodle, sesame seeds, red and yellow peppers and onions
 - caesar baby romaine
 - house mixed spring lettuce with shaved radish, fennel, pea shoots
 - spinach and bibb lettuce with sunflower seeds, julienne carrot and ricotta salada cheese
- sandwiches (select three)
 - dill albacore tuna salad with arugula wrap
 - barbeque pork shoulder with red cabbage and tamarind salad
 - herb marinated wood oven roasted vegetables
 - turkey with cranberries, apple salad and sage mayonnaise
 - flank steak fajita wrap with lettuce, tomatoes and peppers

- smoked chicken salad with toasted almonds and golden raisin marmalade
 - thai chicken wrap with spicy chicken, rice noodles, bean sprouts
- Desserts (chef's choice)
 - chef's brownies
 - cookies
 - dessert bars
 - classic chi-town cheesecake

asian flavor

- corn, jicama and napa cabbage slaw
- mixed greens with julienne carrots, green onions, cilantro, wonton strips, grape tomatoes, toasted sesame seed and oriental mustard sesame dressing
- tea poached salmon with a honey tea reduction
- soy honey glazed chicken breast with roasted peppers and red pepper flakes
- ginger lemon grass brown rice
- baby bok choy with teriyaki drizzle

mediterranean

- chick pea and cous cous salad, lemon tahini dressing
- romaine and lolla rosa lettuce with diced tomatoes, cucumber, feta, olives, sliced onions and sun-dried tomato vinaigrette
- antipasti skewers with sun-dried tomatoes, provolone cheese and artichoke hearts
- rosemary apple roasted chicken breast, chicken marinated flat iron steak and vinegar string potatoes
- ratatouille
- rosemary polenta

all day breaks (select one AM and one PM break)

construct it!

- assorted yogurts
- granola
- fresh berries
- assorted toppings

westin fountain shop

- root beer floats
- vanilla creams
- orange creamsicle

awaken

- new york crumb cake
- iced latte whip
- warm apple beignets

power shake break

- malted strawberry shake ~ marinated strawberries
- oatmeal horchata ~ oatmeal bar
- blueberry blast ~ fresh blueberries
- orange whip its ~ orange madeline's
- vanilla almond soy shot ~ chocolate covered almonds

liquid gold

- beta carotene carrot shots
- pear nectar
- mango-passion juice
- strawberry nectar
- pirates booty® snack mix

super chow

- home made granola bites
- smoked salmon on bagel chips
- blueberry shots
- chocolate monkey mix clusters

refresh

- virgin pina coladas / daiquiris / mango / horchata
- coquito ~ puerto rican rum "nog"
- coconut macaroons
- fruit salad in rocks glasses ~ ginger honey drizzle

dip it!

- rugelach cookies
- chocolate pecan sandies
- almond crescent cookies
- chocolate chip cookies
- biscotti
- chocolate, strawberry, & whole milk